

ROADMAP TO CHANGE BRAIN, MIND AND PAIN MEP INTEREST GROUP

WHAT IS THE ROADMAP?

The Roadmap to Change is a plan of action for the Brain, Mind and Pain MEP Interest Group from the start of 2021 until the end of 2022. It visualises the internal and external advocacy plans and associated milestones of the Interest Group over the next two years. The Roadmap actions lay the foundation for and reflect an ongoing focus on the following key thematic areas:

- Eradicate stigma, isolation and discrimination
- Ensure equitable access to treatment, services and support
- Promote patient empowerment for increased involvement and engagement

WHY HAS THE ROADMAP BEEN DEVELOPED?

The brain, mind and pain community is facing unprecedented levels of disruption in **access** to services owing to the coronavirus (COVID-19) pandemic, as well as longstanding challenges relating to **stigma** and patient **empowerment**. These circumstances have reinforced our commitment to ensuring the needs of brain, mind and pain patients are recognised on EU level, whilst collaborating more closely with all relevant stakeholders to elevate the needs of BMP patients and support more impactful, coordinated activity.

Within this context, a plan of action, endorsed by the brain, mind and pain community, will structure and guide the efforts of the Interest Group to:

ADAPT

To an evolving advocacy landscape and enable focused engagement in each key thematic area

COORDINATE

The BMP and broader community to share learnings, expertise and platforms for collaboration in each key thematic area

ACT

As one, on identified activities, to make progress in each key thematic area in 2021 and 2022

YOUR ROLE IN IMPLEMENTING THE ROADMAP

Your support for the Roadmap and commitment to bringing it to life are essential. This is why we will validate the Roadmap as part of the thematic workshops during the 10 November virtual event of the Brain, Mind and Pain MEP Interest Group. We look forward to your feedback!

2021 THEMATIC WORKING GROUPS

Reconvene and refine event workshop groups to design plans for, coordination and collaboration to pursue policy asks in each BMP thematic area

2021 KICK-OFF

Develop and share project plan and timelines for further activity across the thematic areas

Jan - Feb 2021

ACCESS

Apr-May 2021

EMPOWERMENT

May 2021

BMP POLICYMAKER CHECK-INS

Working group members to conduct targeted meetings with EU policymakers, focusing on specific policy hooks per thematic area

May - Jul 2021

ALIGNMENT WITH MEPS & PARTNERS

Led by the BMP IG and in collaboration with all relevant partners

Mar - Apr 2021

STIGMA

Mar - Apr 2021

ANNUAL INTEREST GROUP MEETING

Present outcomes of thematic working groups
Launch potential campaign initiative
Additional educational and learning resources

Sep - Oct 2021

ONGOING ENGAGEMENT

Follow-up engagement following campaign launch to raise further awareness

Nov - Dec 2021

2022 THEMATIC WORKING GROUPS

Assess progress towards policy asks and remaining actions/next steps

Jan - Feb 2022

BMP POLICYMAKER CHECK-INS

Working with EU policymakers to influence key EU policies and pursue asks across thematic areas, building on 2021 advocacy

Feb - Aug 2022

ANNUAL INTEREST GROUP MEETING - REPORTING BACK TO THE COMMUNITY

Evaluating progress at the mid-way point of the mandate, identifying where further progress is needed across the thematic areas

Sep 2022

FUTURE PROGRAMMING

Defining future activities and messages in view of progress to date and policy landscape

Oct - Dec 2022

2023

THEMATIC AREAS

01

Access to treatment, services and support

02

Stigma, isolation and discrimination

03

Patient empowerment, involvement and engagement

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Patient empowerment, involvement and engagement